

Name:	Klasse:	Datum:
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Unit 2: Healthy living

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campaign	[kæm'peɪn]	Kampagne	I'm starting a campaign to ban junk food in schools.
summer camp	['sʌmə kæmp]	(Sommer-)Ferienlager	
overweight	[,əʊvə'weɪt]	übergewichtig	
issue	['ɪʃu:]	(Streit-)Frage, Thema	Exam stress is an important issue for many teenagers.
to concern	[kən'sɜ:n]	betreffen, angehen, beunruhigen	The changes to the school buffet don't concern me. I always bring my own food.
consequence	['kɒnsɪkwəns]	Konsequenz, Folge	
order form	['ɔ:də fɔ:m]	Bestellformular	If you want to buy the product, you have to fill in an order form.
to cancel	['kænsəl]	stornieren	I'm afraid I need to cancel my order. I've found a better product.

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difficulty	['dɪfɪkəlti]	Schwierigkeit	You look ill. You should see your GP.
general practitioner (GP)	[,dʒenrəl præk'tɪʃənə]	Hausarzt/-ärztin	
sick	[sɪk]	krank	I can't come to school today because I'm feeling sick.
rash	[ræʃ]	(Haut-)Ausschlag	She always comes out in a rash when she eats nuts.
neck	[nek]	Hals, Halsausschnitt	
allergy	['ælədʒi]	Allergie	
nut	[nʌt]	Nuss	
maybe	['meɪbi]	vielleicht	
trace	[treɪs]	Spur	
antihistamine (medicine) h	[,ænti'hɪstəmi:n]	Antiallergikum	
medicine	['medsn]	Medikament, Medizin	If you are ill, take some medicine and you will feel better.
to disappear	[,dɪsə'piə]	verschwinden	
prescription	[prɪ'skrɪpʃn]	ärztliches Rezept	Take the prescription to the chemist's to get your medicine.
receptionist	[rɪ'sepʃənɪst]	EmpfangsmitarbeiterIn	The receptionist welcomed her at the doctor's.
treatment	['tri:tmənt]	(medizinische) Behandlung	There's a new treatment for cat allergies.
to consult	[kən'sʌlt]	hinzuziehen, zu Rate ziehen	If the medicine doesn't work, you should consult your doctor.
to depend (on)	[dɪ'pend ɒn]	abhängen (von)	I don't know if she's coming. It depends on whether her parents let her.

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flu	[flu:]	Grippe	I can't come to the party. I'm in bed with flu.
to return	[rɪ'tɜ:n]	zurückkehren, -kommen	
tablet	['tæblɪt]	Tablette	Take two tablets a day – one in the morning and one in the evening.
to carry on doing sth	[,kæri 'ɒn]	etw weiterhin tun	Carry on taking the medicine even when you feel better.
course of treatment	[kɔ:s əv 'tri:tmənt]	Behandlungskur	

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prescription charge	[pri'skri:pʃn tʃɑ:dʒ]	Rezeptgebühr	If the doctor prescribes you the tablets, you only have to pay the prescription charge.
free of charge	[fri: əv 'tʃɑ:dʒ]	kostenlos, gebührenfrei	Nothing's free of charge. You have to pay for everything these days.
painkiller	['peɪnkɪlə]	Schmerzmittel	He's got a really bad headache. I'll get him some painkillers.
backache	['bækəɪk]	Rückenschmerzen	
effective	[ɪ'fektɪv]	effektiv, wirksam	This medicine doesn't seem to be very effective. I don't feel better at all!
pack	[pæk]	Packung	
altogether	[,ɔ:ltə'geðə]	insgesamt, zusammen	You have to take 3 tablets in the morning and 2 in the evening, so altogether 5 tablets a day.
pain	[peɪn]	Schmerz(en)	He's in severe pain. He needs medicine urgently.
cold	[kəʊld]	Verkühlung	People often get colds in winter.
cough	[kɒf]	Husten	You really shouldn't smoke when you have a cough.
headache	['hedeɪk]	Kopfschmerzen	Stop shouting, kids! You're giving me a headache.
a sore throat	[ə ,sɔ: 'θrəʊt]	Halsentzündung	
stomach ache	['stʌmək eɪk]	Bauch-, Magenschmerzen	
diarrhoea	[,daɪə'rɪə]	Durchfall	
earache	['ɪərəɪk]	Ohrenschmerzen	
swollen	['swəʊlən]	geschwollen	I was stung by a bee and now my arm's all swollen!
painful	['peɪnfl]	schmerzhaft, schmerzend	Are you all right? That accident looked painful.
to bite	[baɪt]	beißen, stechen	
to sting	[strɪŋ]	stechen	
to twist	[twɪst]	verdrehen	
ankle	['æŋkl]	Knöchel, Fußgelenk	I can't walk because I twisted my ankle.
wrist	[rɪst]	Handgelenk	
to prescribe	[pri'skraɪb]	verschreiben	The doctor prescribed her some painkillers and antihistamine medicine.
injection	[ɪn'dʒekʃn]	Spritze, Injektion	Did the doctor give you a measles injection?

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canteen	[kæn'ti:n]	Kantine, Mensa	He eats lunch in the school canteen.
celebrity	[sə'lebrəti]	Prominente/r, Promi	
chef	[ʃef]	Koch/Köchin	Jamie Oliver is Britain's most famous chef.
nutritious	[nju'trɪʃəs]	nährhaft	Fresh and nutritious food helps children perform better at school.
fizzy	['fɪzi]	sprudelnd	
to concentrate (on)	['kɒnsntreɪt ɒn]	sich konzentrieren (auf)	The music's too loud – I can't concentrate on my book.
to campaign	[kæm'peɪn]	sich für etw einsetzen	Jamie Oliver is campaigning to introduce healthier food at schools.
massive	['mæsɪv]	massiv, gewaltig	
to affect	[ə'fekt]	sich auswirken auf, beeinflussen	If you are tired, it can affect your work.
impact	['ɪmpækt]	Auswirkung	
to think hard	[,θɪŋk 'hɑ:d]	angestrengt nachdenken	I thought hard about a solution to the problem, but I couldn't come up with anything.
bubble	['bʌbl]	Blase	
tasty	['teɪsti]	schmackhaft, gut	The chocolate was so tasty I had to eat some more of it.

chocolate bar daily	[ˈtʃɒklət bɑː] [ˈdeɪli]	Schokoriegel täglich	Eating junk food on a daily basis is very unhealthy. If you don't get the right kind of nutrition, you'll have serious health problems. You should eat a proper meal, not just fast food. The USA are a very powerful nation.
nutrition	[ˈnjuːtrɪʃn]	Ernährung	
proper	[ˈprɒpə]	richtig	
growth	[grəʊθ]	Wachstum, Zunahme	
nutrient	[ˈnjuːtriənt]	Nährstoff	
iron	[ˈaɪən]	Eisen	
ability	[əˈbɪləti]	Fähigkeit	
government	[ˈgʌvənmənt]	Regierung	
to educate	[ˈedʒukeɪt]	ausbilden, unterrichten	
nation	[ˈneɪʃn]	Nation	
underachiever	[ˌʌndəˈtʃiːvə]	MinderleisterIn (<i>jd, der/ die hinter seinen/ihren Möglichkeiten bleibt</i>)	

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to get rid of	[get ˈrɪd əv]	loswerden, abschaffen	We're trying to get rid of all the junk food in our school buffet.
to do well/better	[,du ˈwel, ,du ˈbetə]	gut/besser abschneiden	
to perform	[pəˈfɔ:m]	funktionieren, (<i>Aufgaben</i>) erfüllen	
versus, vs.	[ˈvɜ:səs]	gegen, gegenüber	
around the corner	[əˌraʊnd ðə ˈkɔ:nə]	um die Ecke	
hot meal	[hɒt ˈmi:l]	warme Mahlzeit	

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supervisor colleague	[ˈsu:pəvaɪzə] [ˈkɒli:g]	LeiterIn, Aufsichtsperson Kollege/Kollegin	She likes her job because her colleagues are all very friendly.
new arrivals	[nju: əˈraɪvlz]	Neuankömmlinge	

Seite 26 Transkript

in charge of	[ɪn ˈtʃɑ:dʒ əv]	verantwortlich für	The teacher is in charge of the class.
medical matter	[ˈmedɪkl] [ˈmætə]	medizinisch Angelegenheit	
individual exercise assistant	[,ɪndɪˈvɪdʒʊəl] [ˈeksəsaɪz] [əˈsɪstənt]	einzeln, individuell Übung AssistentIn, HelferIn	You should do some exercises to stay fit. I wish I had an assistant to help me with all my work!
sporting event	[ˈspɔ:tɪŋ ɪvent]	Sportereignis, Sportveranstaltung	
vacation fun park on sb's orders to keep strictly to sth extra	[vəˈkeɪʃn] [ˈfʌn pɑ:k] [ɒn ,sʌmbədɪz ˈɔ:dəz] [,ki:p ˈstriktli tə] [ˈekstrə]	Urlaub Vergnügungspark auf jds Geheiß sich streng an etw halten zusätzlich	You're on a very strict diet. You should not eat any extra food. This is your last warning – if you do that again, I'll send you home.
warning	[ˈwɔ:nɪŋ]	Warnung, Verwarnung	
to be asked to do sth to diet	[ɑ:skt] [ˈdaɪət]	aufgefordert werden, etw zu tun Diät halten	

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camper	['kæmpə]	LagerbewohnerIn; TeilnehmerIn an einem Lagerurlaub
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sweet	[swi:t]	süß	How many people are coming? – At least 15, maybe more.
litre	['li:tə]	Liter	
at least	[ət 'li:st]	mindestens	
calorie	['kæləri]	Kalorie	
to count	[kaunt]	zählen	

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to rate	[reit]	bewerten, beurteilen
delicious	[dɪ'li:fəs]	köstlich, lecker
Scottish	['skɒtɪʃ]	schottisch
to deep-fry	[,di:p 'fraɪ]	frittieren
bar	[bɑ:]	(Schoko-)Riegel

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employee	[ɪm'plɔɪi:]	Angestellte/r	The shop has lots of employees who work there.
department	[dɪ'pɑ:tmənt]	Abteilung	
trial	['traɪəl]	Versuch, Test	
Muslim	[mʊzɪm]	Muslim/Muslima, muslimisch	
delivery	[dɪ'li:vəri]	Lieferung	Delivery will be 5 days after you ordered the product.
payment	['peɪmənt]	(Be-)Zahlung	
direct debit	[daɪ'rekt 'deɪt]	Lastschrift(verfahren)	
identifier	[aɪ'dentɪfəɪə]	Kennung, Identifikationsnummer	
account holder	[ə'kaʊnt həʊldə]	KontoinhaberIn	
fruit salad	[,fru:t 'sæləd]	Obstsalat	Fruit salad is a healthy dessert option.
organic	[ɔ:'gæɪnɪk]	Bio-, organisch	All our products are organic. We don't use any chemicals.
portion	['pɔ:ʃn]	Portion	
cancellation	[,kænsə'leɪʃn]	Stornierung, Absage	

Seite 29 Transkript

bicycle	['baɪsɪkl]	Fahrrad
due to	['dju: tə]	wegen, aufgrund (von)
illness	['ɪlnəs]	Krankheit

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staff	[sta:f]	Personal, MitarbeiterInnen	We need more staff. There aren't enough people working here to do all the tasks.
to tell sb to do sth	[tel]	jdn auffordern, etw zu tun	